

# Ready for School. Set for Life.

Partnering with parents and families to help all children stay healthy and succeed in school.



## Parent Guide to First Things First Funded Programs

## Contact

### *Are you a parent or caregiver looking for resources and support?*

These providers' **home visitation programs** give young children stronger, more supportive relationships with their parents through on a variety of topics, including parenting skills, early childhood development, literacy, etc. Connects parents with community resources to help them better support their child's health and early learning.

**Southwest Human Development**  
(602) 266-5976

**Child Crisis Center**  
(480) 304-9440

**Parenting Arizona**  
(602) 248-0428

**Banner Health Foundation**  
**Cardon Children's Medical Center**  
(480) 412-3410

**Arizona Partnership for Children (AzPAC)**  
(602) 206-6180

### *Want more information on parenting techniques?*

The following programs strengthen families with young children by providing voluntary **parenting classes in community-based settings**.

**Parenting Arizona**  
(602) 248-0428

**Arizona Partnership for Children (AzPAC)**  
(602) 206-6180

**Teen Outreach Pregnancy Services (TOPS)**  
1-877-882-2881 or  
(480) 668-8800

---

***Do you have parenting questions or need advice?***

Families with young children get free answers to their toughest parenting questions.

**Southwest Human Development**

Birth to Five Helpline 1-877-705-KIDS (5437)

---

***Are you looking for pregnancy support services?***

Increase healthy pregnancies and good birth outcomes for pregnant and parenting teens and first time parents of late preterm infants.

**Teen Outreach Pregnancy Services (TOPS)**

1-877-882-2881 or  
(480) 668-8800

**Banner Health Foundation**

**Cardon Children's Medical Center**

(480) 412-3410

---

***Do you want information about your child's physical or oral health?***

Decrease preventable oral health problems in young children.

**Chandler Regional Medical Center**

**Early Childhood Oral Health Prevention Program**  
(480)728-3813

***Need help applying for AHCCCS?***

Increases children's access to preventive health care and builds community awareness of the availability of public health insurance options.

**Children's Action Alliance**

(602) 266-0707

---

***Do you need to find a preschool?***

Increase the number of 3 and 4-year olds enrolled in high quality preschool programs that prepare them to succeed in kindergarten and beyond. Scholarships are provided to qualifying families to help afford quality child care.

**Arizona Department of Education (ADE)**

(602)-542-5393, 1-800-352-4558, (480) 472-0376

**Association for Supportive Childcare**

(480) 829-0500

**Valley of the Sun United Way**

1-866-973-0012

**Mesa Public School District**

(480) 472-0376

---

***Do you need to keep your safe and well?***

Food boxes and emergency assistance improves the health and nutrition of children 5 and younger and their families.

**United Food Bank**  
(480) 926.4897

**First Things First Southeast Maricopa Regional Partnership Council**

**For more information contact:**  
Terri Duhart, Regional Director, [tduhart@azftf.gov](mailto:tduhart@azftf.gov) or 602-771-4985  
Menyon Scott, Community Outreach Coordinator, [mscott@azftf.gov](mailto:mscott@azftf.gov) or 602-771-4993

**Southeast Maricopa ZIP Codes**

85201, 85202, 85203, 85204, 85205, 85206, 85207, 85208, 85209, 85210,  
85211, 85212, 85213, 85214, 85215, 85216,  
85120,85127,85220,85142,85242,85256,85233,85234,85236,85274,  
85275,85277,85295, 85296,85297,85298, and 85299